

# DAILY PRACTICE SHEET

Instructions for the 'Think and Speak' method:

Do NOT write down the answers – this is the 'think' part

Say each sentence OUT LOUD – this is the 'speak' part

What if I get stuck? Look at the reference charts for help. The goal is NOT to 'memorize' the sentences but to LEARN A METHOD to construct your own sentences.

**SUBJECT + DIRECT OBJECT + VERB ROOT + ENDING + AUX.VERB**

## Exercise One

Say each sentence OUT LOUD.

- |   |                           |                        |
|---|---------------------------|------------------------|
| 1. He asks.                                     | 14. She asks.             | 29. I learn.           |
| ਉਹ + ਪੁੱਛ + ending + aux.verb<br>= ਉਹ ਪੁੱਛਦਾ ਹੈ | 15. We sit.               | 30. She listens/hears. |
| 2. We become.                                   | 16. They talk/speak.      | 31. You meet.          |
| 3. They change.                                 | 17. I tell.               | 32. He opens.          |
| 4. I emerge/come out.                           | 18. She thinks.           | 33. We put/keep.       |
| 5. She finds.                                   | 19. You understand.       | 34. They read.         |
| 6. You know.                                    | 20. He uses.              | 35. I see.             |
| 7. He learns.                                   | 21. We walk.              | 36. She sits.          |
| 8. We listen/hear.                              | 22. She writes.           | 37. You talk/speak.    |
| 9. They meet.                                   | 23. I ask.                | 38. He tells.          |
| 10. I open.                                     | 24. They become.          | 39. We think.          |
| 11. She puts/keeps.                             | 25. You change.           | 40. They understand.   |
| 12. You read.                                   | 26. He emerges/comes out. | 41. I use.             |
| 13. He sees.                                    | 27. We find.              | 42. She walks.         |
|   | 28. They know.            | 43. You write.         |

## Exercise Two: Sentence Progressions

Add a DIRECT OBJECT of your choice to the sentences from exercise one and say each sentence OUT LOUD. Skip the sentences shaded in gray because they do not take a direct object easily. To get started, here is a list of direct objects in English.

TIP: For this exercise, we will use English words for our objects. Starting in lesson two, we will use Punjabi words for our objects.

answer	book(s)	cars
cat	chairs	door(s)
English	friend(s)	gifts
house(s)	letters	magazines
movie	pathway	picture(s)
price	Punjabi	question
reason(s)	shop	song(s)
stories	story	work

## Exercise Three: Quick Start

Say each sentence using the SAME subject. ( e.g. we, I, he, Nick, they, she, you )

- |                    |                     |                       |
|--------------------|---------------------|-----------------------|
| 1. ___ ask(s)      | 8. ___ listen(s)    | 15. ___ talk(s)       |
| 2. ___ become(s)   | 9. ___ meet(s)      | 16. ___ tell(s)       |
| 3. ___ change(s)   | 10. ___ open(s)     | 17. ___ think(s)      |
| 4. ___ come(s) out | 11. ___ put/keep(s) | 18. ___ understand(s) |
| 5. ___ find(s)     | 12. ___ read(s)     | 19. ___ use(s)        |
| 6. ___ know(s)     | 13. ___ see(s)      | 20. ___ walk(s)       |
| 7. ___ learn(s)    | 14. ___ sit(s)      | 21. ___ write(s)      |

# DAILY PRACTICE SHEET VOCABULARY

<p>to ask ਪੁੱਛਣਾ <i>puchchaṇā</i></p>	<p>to become ਬਣਨਾ <i>baṇnā</i></p>	<p>to change ਬਦਲਣਾ <i>badalṇā</i></p>
<p>to come out ਨਿਕਲਣਾ <i>nikalṇā</i></p>	<p>to find ਲੱਭਣਾ <i>labhbhaṇā</i></p>	<p>to know ਜਾਣਨਾ <i>jāṇnā</i></p>
<p>to learn ਸਿੱਖਣਾ <i>sikhkhaṇā</i></p>	<p>to listen/hear ਸੁਣਨਾ <i>suṇnā</i></p>	<p>to meet ਮਿਲਣਾ <i>milṇā</i></p>
<p>to open ਖੋਲ੍ਹਣਾ <i>kholhṇā</i></p>	<p>to put/keep ਰੱਖਣਾ <i>rakhkhaṇā</i></p>	<p>to read ਪੜ੍ਹਨਾ <i>paṛhṇā</i></p>
<p>to see ਦੇਖਣਾ <i>dekhṇā</i></p>	<p>to sit ਬੈਠਣਾ <i>baiṭhṇā</i></p>	<p>to speak/talk ਬੋਲਣਾ <i>bolṇā</i></p>
<p>to tell ਦੱਸਣਾ <i>dassaṇā</i></p>	<p>to think ਸੋਚਣਾ <i>socṇā</i></p>	<p>to understand ਸਮਝਣਾ <i>samajhṇā</i></p>
<p>to use ਵਰਤਣਾ <i>waratṇā</i></p>	<p>to walk ਤੁਰਨਾ <i>turnā</i></p>	<p>to write ਲਿਖਣਾ <i>likhṇā</i></p>