

DAILY PRACTICE SHEET

Instructions for the 'Think and Speak' method:

Do NOT write down the answers – this is the 'think' part

Say each sentence OUT LOUD – this is the 'speak' part

What if I get stuck? Look at the reference charts for help. The goal is NOT to 'memorize' the sentences but to LEARN A METHOD to construct your own sentences.

SUBJECT + DIRECT OBJECT + VERB ROOT + ENDING + AUX.VERB

Exercise One

Say each sentence OUT LOUD.

- | | | |
|---|---------------------------|------------------------|
| 1. He asks. | 14. She asks. | 29. I learn. |
| ਉਹ + ਪੁੱਛ + ending + aux.verb = ਉਹ ਪੁੱਛਦਾ ਹੈ | 15. We sit. | 30. She listens/hears. |
| 2. We become. | 16. They talk/speak. | 31. You meet. |
| 3. They change. | 17. I tell. | 32. He opens. |
| 4. I emerge/come out. | 18. She thinks. | 33. We put/keep. |
| 5. She finds. | 19. You understand. | 34. They read. |
| 6. You know. | 20. He uses. | 35. I see. |
| 7. He learns. | 21. We walk. | 36. She sits. |
| 8. We listen/hear. | 22. She writes. | 37. You talk/speak. |
| 9. They meet. | 23. I ask. | 38. He tells. |
| 10. I open. | 24. They become. | 39. We think. |
| 11. She puts/keeps. | 25. You change. | 40. They understand. |
| 12. You read. | 26. He emerges/comes out. | 41. I use. |
| 13. He sees. | 27. We find. | 42. She walks. |
| | 28. They know. | 43. You write. |

Exercise Two: Sentence Progressions

Add a DIRECT OBJECT of your choice to the sentences from exercise one and say each sentence OUT LOUD. Skip the sentences shaded in gray because they do not take a direct object easily. To get started, here is a list of direct objects in English.

TIP: For this exercise, we will use English words for our objects. Starting in lesson two, we will use Punjabi words for our objects.

| | | |
|-----------|-----------|------------|
| answer | book(s) | cars |
| cat | chairs | door(s) |
| English | friend(s) | gifts |
| house(s) | letters | magazines |
| movie | pathway | picture(s) |
| price | Punjabi | question |
| reason(s) | shop | song(s) |
| stories | story | work |

Exercise Three: Quick Start

Say each sentence using the SAME subject. (e.g. we, I, he, Nick, they, she, you)

- | | | |
|--------------------|---------------------|-----------------------|
| 1. ___ ask(s) | 8. ___ listen(s) | 15. ___ talk(s) |
| 2. ___ become(s) | 9. ___ meet(s) | 16. ___ tell(s) |
| 3. ___ change(s) | 10. ___ open(s) | 17. ___ think(s) |
| 4. ___ come(s) out | 11. ___ put/keep(s) | 18. ___ understand(s) |
| 5. ___ find(s) | 12. ___ read(s) | 19. ___ use(s) |
| 6. ___ know(s) | 13. ___ see(s) | 20. ___ walk(s) |
| 7. ___ learn(s) | 14. ___ sit(s) | 21. ___ write(s) |

DAILY PRACTICE SHEET VOCABULARY

| | | |
|--|---|--|
| <p>to ask ਪੁੱਛਣਾ <i>puchchaṇā</i></p> | <p>to become ਬਣਨਾ <i>baṇnā</i></p> | <p>to change ਬਦਲਣਾ <i>badalṇā</i></p> |
| <p>to come out ਨਿਕਲਣਾ <i>nikalṇā</i></p> | <p>to find ਲੱਭਣਾ <i>labhbhaṇā</i></p> | <p>to know ਜਾਣਨਾ <i>jāṇnā</i></p> |
| <p>to learn ਸਿੱਖਣਾ <i>sikhkhaṇā</i></p> | <p>to listen/hear ਸੁਣਨਾ <i>suṇnā</i></p> | <p>to meet ਮਿਲਣਾ <i>milṇā</i></p> |
| <p>to open ਖੋਲ੍ਹਣਾ <i>kholhṇā</i></p> | <p>to put/keep ਰੱਖਣਾ <i>rakhkhaṇā</i></p> | <p>to read ਪੜ੍ਹਨਾ <i>paṛhṇā</i></p> |
| <p>to see ਦੇਖਣਾ <i>dekhṇā</i></p> | <p>to sit ਬੈਠਣਾ <i>baiṭhṇā</i></p> | <p>to speak/talk ਬੋਲਣਾ <i>bolṇā</i></p> |
| <p>to tell ਦੱਸਣਾ <i>dassaṇā</i></p> | <p>to think ਸੋਚਣਾ <i>socṇā</i></p> | <p>to understand ਸਮਝਣਾ <i>samajhṇā</i></p> |
| <p>to use ਵਰਤਣਾ <i>waratṇā</i></p> | <p>to walk ਤੁਰਨਾ <i>turnā</i></p> | <p>to write ਲਿਖਣਾ <i>likhṇā</i></p> |